To emphasise what you say:	Clearly, Obviously, Of course, Needless to say, if everyone were allowed to carry a gun, the crime rate would rise considerably.
To express reality:	It is a fact that In effect, In fact, As a matter of fact, The fact of the matter is (that) Actually, In practice, Indeed, To tell you the truth, a crash helmet would be quite useless in the event of a serious motorcycle accident.
To express the difference between appearance and reality:	Initially, At first, At first sight, his injuries seemed minor, but when the doctors examined him, they discovered he had fractured his skull.
To give examples:	For instance, For example, by reducing your intake of red meat you can decrease your chances of having a heart attack in later life. By reducing your intake of foods such as like beef and lamb you can decrease your chances of having a heart attack in later life. If you want to decrease your chances of having a heart attack in later life, you should reduce your intake of meat, particularly in particular, especially red meat.
To make general statements:	As a general rule, Generally, In general, On the whole, people who exercise regularly suffer fewer stress-related problems than those who don't.
To make partially correct statements:	Up to a point, To a certain extent, To some extent, In a sense, In a way, this is true as women in society are far less likely to use physical violence than men.
To express limit of knowledge:	To the best of my knowledge, As far as I know, there is no firm proof of the existence of aliens.
To state other people's opinion:	It is popularly believed that People often claim that It is often alleged that Some people argue that Many argue that A lot of people think that A lot of people believe that the earth is the only planet in our solar system that has ever supported life. Contrary to popular belief, the earth is not the only planet in our solar system to have supported life.
To make contrasting points:	It is a known fact that smoking causes cancer, yet however, nevertheless, but at the same time even so, still, nonetheless, millions of people around the world continue to smoke. Although Even though Regardless of the fact that In spite of the fact that Despite the fact that While it is a known fact that smoking causes cancer, millions of people around the world continue to smoke.
To express balance (the other side of the argument):	Dogs are good pets in that they provide companionship; however, but on the other hand, although yet, at the same time, in contrast, feeding and grooming a dog can be expensive and time-consuming.
Negative addition:	Neither the prime minister nor his deputy knew anything about the experiment. Neither of them knew anything about the experiment. The prime minister didn't know anything about the experiment; nor neither did his deputy. The prime minister didn't know anything about the experiment and his deputy didn't either.
To express exception:	He read all the books but/apart from/except (for) one: "Oliver Twist".
To clarify/rephrase:	In other words,/That is to say,/To put it another way, if people made more of an effort to protect the environment, the world would be a much healthier place to live in.